

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the
most Gracious, the most
Merciful.

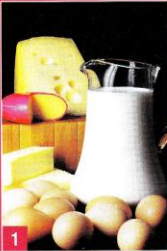
Fabulous food

Unit


12

In Unit 12, you learn how to . . .

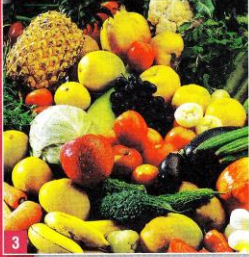
- use *many* and *much* with countable and uncountable nouns.
- use *some* and *any* in statements and questions.
- use *would like* for offers and requests.
- talk about favorite foods and eating habits.
- use *or something* and *or anything*.
- add *or . . . ?* to yes-no questions.



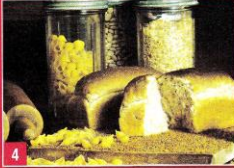
1




2



3



4



5

Before you begin . . .

Can you find these foods in the pictures? Which foods did you eat yesterday?

<input type="checkbox"/> milk, cheese, and eggs	<input type="checkbox"/> fruit and vegetables	<input type="checkbox"/> meat: beef and chicken
<input type="checkbox"/> fish	<input type="checkbox"/> bread, rice, and pasta	

Lesson C Let's take a break for lunch.

1 Conversation strategy *or something and or anything*

A Can you use *or something* and *or anything* to complete these sentences?

A What do you want for lunch? I'd just like a snack or something.

B Me too. I don't want a big meal or anything.

 Now listen. What do Bruce and Paul decide to do for lunch?



Bruce Let's take a break for lunch.

Paul Sure. Would you like to go out or . . . ?

Bruce Well, I just want a sandwich or something.

Paul OK. I don't want a big meal or anything, either. But I'd like something hot.

Bruce Well, there's a new Spanish place near here, and they have good soup.

Paul That sounds good.

Bruce OK. And I can have a sandwich or a salad or something like that.

Paul Great. So let's go there.

Notice how Bruce and Paul use *or something* (like that) and *or anything*. They don't need to give a long list of things. Find examples in the conversation.

"I don't want a big meal or anything."

B Complete the questions and answers with *or something* and *or anything*. Then practice with a partner.

- 1 A Do you eat lunch every day?
B Yeah, I usually have a salad or something and some fruit.
- 2 A What do you have for breakfast usually?
B Oh, I have some yogurt and a banana or something.
A You don't have eggs or anything ?
- 3 A Do you have any water or anything ? I'm thirsty.
B No, but would you like to go out for a soda or something ?
A Yeah, we can get a muffin or a cookie or something, too.

Unit 12 Fabulous food

2 Strategy plus *or...?*

You can use ***or...?*** at the end of *yes-no* questions to make them less direct.

Would you like to go out or...?

Well, I just want a sandwich or something.

About you

In conversation...


Or is one of the top 50 words.

Pair work Check (✓) the questions you can end with *or...*. Then ask and answer all of the questions.

- 1. Do you go out for lunch every day *or...*?
- 2. Which restaurants around here are good for lunch _____?
- 3. Do you like to have something light ***or...***?
- 4. What did you have for lunch yesterday _____?
- 5. Do you like to have lunch alone ***or...***?
- 6. Who do you usually have lunch with _____?
- 7. Do you ever make your own lunch ***or...***?
- 8. Do you usually have lunch around 1:00 ***or...***?

A *Do you go out for lunch every day or...?*


B *Well, I usually bring my lunch, but today I didn't.*




3 Listening and speaking *Lunchtime*

A Listen to the conversations, and match the two parts of each sentence.


<p>1. Rex <u> c </u></p> <p>2. Amy <u> a </u></p> <p>3. Omar <u> b </u></p> <p>4. Gemma <u> d </u></p>	<p>a. doesn't want anything to eat.</p> <p>b. wants a big meal.</p> <p>c. would like something hot.</p> <p>d. just wants a drink.</p>
--	---



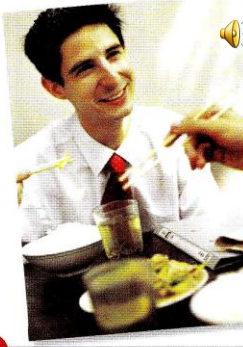
B  Listen again. Do you agree with the last thing each person says? Circle *I agree* or *I don't agree*, and complete each sentence to give your view.

1. I agree / I don't agree. I like to _____.
2. I agree / I don't agree. I think _____.
3. I agree / I don't agree. I usually _____.
4. I agree / I don't agree. I guess _____.

C Pair work Make up your own conversation about lunch plans. Act out your conversation for the class.

4 Free talk *Do you live to eat or eat to live?* 

See *Free talk 12* for more speaking practice.



Lesson C *Let's take a break for lunch.*

1 A sandwich or something

Conversation strategies Complete the conversation with *or something* or *or anything*.

Nathan Do you go out for lunch every day or . . . ?

Pete Well, I don't usually eat lunch. I don't like to eat a big meal or anything at lunchtime.

Nathan No? You don't have a snack **or anything?**


Pete Well, I sometimes have a hot drink, like hot chocolate **or something.**

Nathan Well, I'm hungry – I'd like a sandwich **or something.** Would you like something to eat?

Pete Well, maybe . . .

Nathan How about a salad **or something?**

Pete Yes, OK. Actually, I'd like a chicken sandwich. Oh, and let's get some ice cream **or something,** too. I guess I *am* hungry!



2 About you

Conversation strategies

Answer the questions. Write true answers. Use *or something* or *or anything*.

1. Are you a picky eater? Well, I don't eat fish or chicken.
2. What do you usually have for dinner? I eat Tamees or something.
3. How about lunch? I sometimes skip, but I don't like pasta or anything.
4. What do you like to order in restaurants? I usually order Kabsa or something.
5. What do you drink with meals? Well, I don't drink pepsi or anything.
6. What kinds of snacks do you like? I like chocolate bars or something.

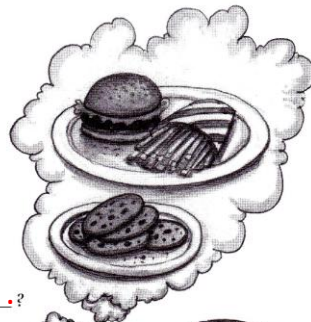
3 Would you like to go out or . . . ?

Unit 12 Fabulous food

Conversation strategies

Which questions can end with *or . . .*? Add *or . . .* where possible.

1. *Paul* What would you like for dinner tonight _____?
Would you like to go out or . . .?
- Kirk* I'd love to eat out.
- Paul* That's great. So can I choose the restaurant **or . . .**?
- Kirk* Sure.
- Paul* Let's see . . . would you like a pizza **or . . .**?
- Kirk* Um, I don't want Italian tonight. How about an Asian place? Do you like Korean or Thai **or . . .**?
- Paul* Uh, I don't really care for spicy food.
- Kirk* Let me think . . . do you want to get a hamburger **or . . .**?
- Paul* Yeah! With maybe some French fries, and some cookies.
- Kirk* OK! Stop! I'm starving! Let's go!



2. **Kate** It's the weekend!

Sally I know! Do you have plans **or...**?

Kate I had plans, but my friend just called. She's sick.

Sally That's terrible! I know. Let's eat at my house. I can cook some steaks or something. What do you think _____?

Kate That's very nice, thanks, but I'm a vegetarian.

Sally Oh. Do you eat pasta **or...**?

Kate Well, I can't eat pasta or anything heavy right now. I'm on a diet.

Sally OK. No pasta. What would you like _____?

Kate Do you have any fruit **or...**?

Sally Sorry. I ate the last banana this morning before I went to work. I have some carrots. . . .

Kate Let's stop at the supermarket on our way to your house.



Lesson D *Great places to eat*

1 Reading

A What makes a good restaurant? Check (✓) the three things that are most important to you when you go out to eat. Tell the class.

- A good restaurant has . . .
- | | |
|---|--|
| <input type="checkbox"/> a nice atmosphere. | <input type="checkbox"/> low prices. |
| <input type="checkbox"/> hookahs and tea. | <input type="checkbox"/> good service. |
| <input type="checkbox"/> excellent food. | <input type="checkbox"/> wonderful desserts. |

B Read the restaurant guide. Choose a restaurant you would like to try. Tell a partner why you'd like to go there.

★★★★ RESTAURANT GUIDE

International Restaurants 25

EL PATIO

Enjoy a Latin American night out – a fiesta of authentic Mexican food. We recommend the great fish and chicken dishes. Ask to sit on the patio under the stars.

Food: ★★★ Service: ★★ Price: \$\$

MAMMA MIA

If you'd like a cheap night out, then this is a great Italian place for pasta, pizza, and salad. Try their delicious home-made ice cream. But don't come here looking for a quiet place to talk – it's a very popular place for students to hang out on the weekends.

Food: ★★ Service: ★ Price: \$

MEKONG

Would you like to try something different? Try the menu at this busy little Vietnamese restaurant. We recommend the sticky rice and beef.

Food: ★★★ Service: ★★ Price: \$\$

PARIS

If you're planning a quiet dinner for two, try Paris. This restaurant has fantastic French cuisine – expensive but great for special occasions.

Food: ★★★★★ Service: ★★★★★ Price: \$\$\$\$

SAKURA

This quiet and friendly restaurant serves the best sushi in town. The service is excellent, and you can watch the chef prepare your meal.

Food: ★★★ Service: ★★★★★ Price: \$\$\$

STIR CRAZY

Here's something new! At Stir Crazy, you make your own dinner. Fill a bowl with vegetables, tofu, rice, or noodles, and add some fish, beef, or chicken. Then cook it at your table. All you can eat for \$10.

Food: ★★ Service: Price: \$

SYLVESTER'S STEAK HOUSE

It's noisy, expensive, and crowded, but Sylvester's is the place to go for steak. We recommend it!

Food: ★★★ Service: ★ Price: \$\$\$

C Read the article again, and answer these questions. Compare your answers with a partner.

Which restaurant do you think . . .

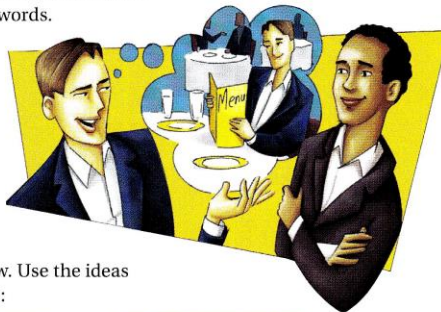
- has the best atmosphere?
- sounds like fun?
- sounds like a good place for a special dinner?
- sounds like a place to “hang out” with your friends?
- you would like to go to with your family?
- is not worth trying?

2 Listening and writing *Do you recommend it?*



A Listen to Greg talk about a restaurant he went to last week. What do you find out about it? Circle the correct words.

1. The restaurant was Italian / Indian.
2. They have great fish / chicken.
3. It's good / not good for vegetarians.
4. He had a steak / some fish.
5. The service was friendly / slow.
6. The atmosphere was formal / fun.
7. He recommends it / doesn't recommend it.



B Write a review of a restaurant or café you know. Use the ideas above to help you. You can start and end like this:

THE GARLIC POT

Last week I went to a great restaurant. It was called The Garlic Pot. They serve excellent fish and steaks, and every dish has garlic in it. . . .

. . . I highly recommend it.

Help note

Useful expressions

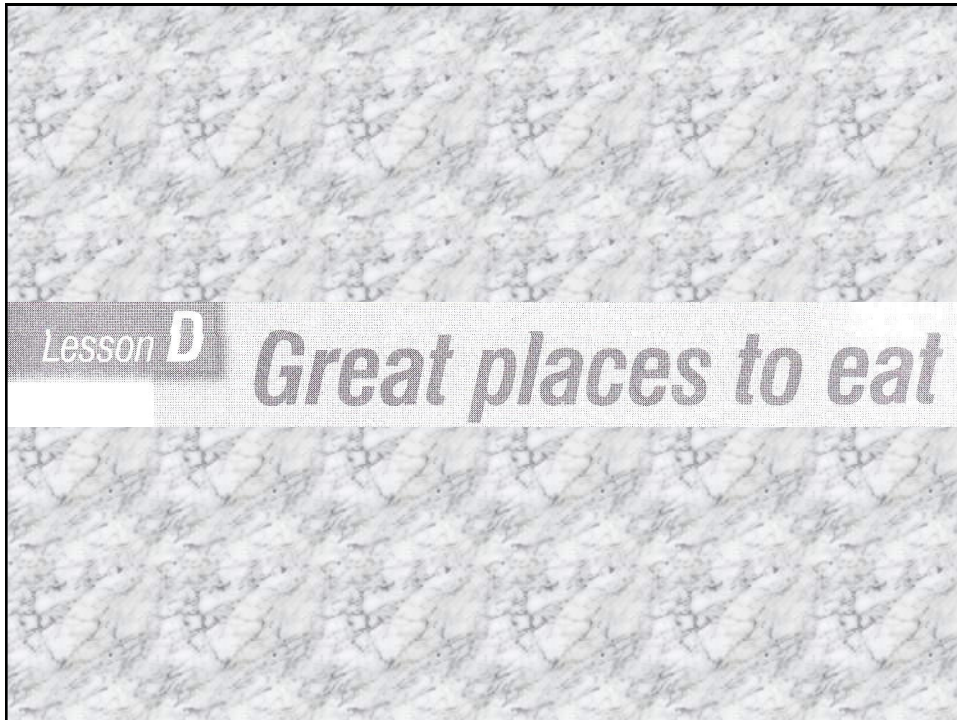
Was it . . .	good?	bad?
The restaurant was	good.	terrible.
The service was	excellent.	slow.
The servers were	friendly.	unfriendly.
The meal was	delicious.	awful.
The food was	tasty.	tasteless.
The potatoes were	hot.	cold.

C Read your classmates' reviews. Which restaurant would you like to try?

3 Talk about it *What are your favorite places to eat?*

Group work Discuss the questions. Do you have similar tastes?

- ▶ How often do you eat in restaurants?
- ▶ What kinds of restaurants do you go to?
- ▶ Do you have a favorite restaurant? Where is it? Why do you like it?
- ▶ What's the best restaurant in your neighborhood?
- ▶ Where can you get good, cheap food?
- ▶ Which restaurant don't you recommend? Why not?

Lesson **D****Great places to eat****1 Okinawa diet**

Reading A Read the article. Find the answers to these questions.

1. Where is Okinawa? **In Japan.**
2. How old is a centenarian? **100**
3. When do the Okinawans stop eating? **when they feel 80% full.**

The Okinawa diet

Okinawa is a group of islands in Japan, and the people there live for a very long time. Women often live to the age of 86 and men to 78. There are also a lot of people over the age of 100. What's more, these people in their 80s, 90s, and 100s are usually healthy, and live very full and active lives.

So why do the people of Okinawa live so long and lead healthy lives? There are a number of reasons, but an important reason is their food and diet. Okinawan people eat a lot of fruit and vegetables (seven portions a day) and rice. They eat fish, but they don't eat a lot of meat, and they don't eat much cheese or drink much milk. Also, they just generally don't eat a lot. They say that Okinawans stop eating when they feel 80% full. So they have very good eating habits. Many Okinawans also get a lot of exercise. They don't go to gyms, but they walk, swim, and work



in their vegetable gardens. Many older people often work, too.

So, would you like to live to 100? Well, you don't have to live in Okinawa. You can buy books about the Okinawan diet to help you.

B Read the article again. Then correct these sentences.

1. Women often live to the age of 78 and men to 86. Women often live to the age of 86 and men to 78.
2. The Okinawan people eat five portions of fruit and vegetables every day. The Okinawan people eat seven portions of fruit and vegetables every day.
3. The Okinawans don't do any exercise. The Okinawans get a lot of exercise.
4. Older people in Okinawa have fruit gardens. Older people in Okinawa have vegetable gardens.

Unit 12 Fabulous food

2 Restaurant reviews

Writing A John Heacock is a restaurant reviewer. He ate at The Steak Palace last week, and he loved it. Circle the correct words to complete John's review.

This week's restaurant: The Steak Palace ★ ★ ★ ★

by John Heacock

Last week, I went to The Steak Palace – it's a **terrible** (**wonderful**) restaurant. I loved it. I was there on a busy night, and the atmosphere was **fun** / **formal**. The food was **awful** / **delicious** and every dish came to the table **cold** / **hot**. I really liked the steak. Very tasty! The service was **excellent** / **slow**, the servers were really **friendly** / **lazy**, and the meal was **cheap** / **expensive**. I only spent \$12! The Steak Palace is a good place to hang out with friends or have dinner with your family. Try it!


B Imagine you are a restaurant reviewer. You ate at a restaurant, and you hated it. Write your review.

This week's restaurant: Hira Restaurant ★

by **Ahmad Mubarak**

Last week, I went to Hira Restaurant – it's a terrible restaurant! I loved it. I was there on the weekend. The food was delicious. Every dish came to the table hot. I really liked kabsa. It was very tasty. The service was excellent. The servers were friendly. The meal was cheap. Drinks were free. I only spent 20 SR. They have many types of food. Everything is clean there. You don't have to wait for a long time there. Hira Restaurant is a good place to have meals with your friends or family. I highly recommend it. Try it!

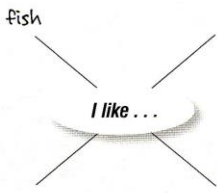
Vocabulary notebook

I love to eat! 

Learning tip *Grouping vocabulary*
 You can group some vocabulary by the things you like and don't like.

1 Which of these types of food do you like? Which don't you like?
 Complete the word webs.

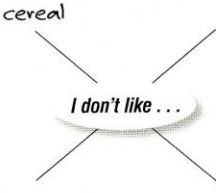
fish



I like ...

- ✓ cereal
- ✓ fish
- fruit
- meat
- milk and cheese
- pasta and bread
- vegetables

cereal



I don't like ...

2 What foods do you love, and which do you hate? Complete the chart.

I love ...	I like ...	I don't like ...	I can't stand ...
			onions

On your own
Label your food at home in English. Learn the word before you eat the food!



Talk about food

The top food words people use with the verb *eat* are:

1. meat
2. beef
3. popcorn
4. eggs
5. fish
6. steak
7. vegetables
8. seafood
9. cheese
10. cookies
11. pizza
12. bread

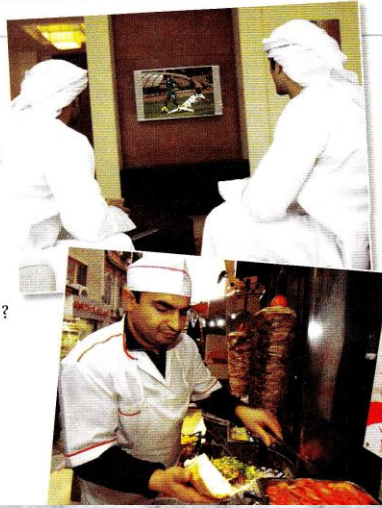
Touchstone checkpoint

Units 10–12

1 What's the question?

Complete the conversation with information questions.
Then practice with a partner.

- A So, what did you do last night?
 B Last night? Oh, I went to Pat's house and we watched TV.
 A You did? What did you watch? ?
 B The Saudi Arabia-France soccer match.
 A Yeah? How was it? ?
 B It was great. I stayed at Pat's really late.
 A What time did you leave? ?
 B About 2:00 a.m. So anyway, how about you? ?
 A I just went home and made dinner. The usual.
 B Well, let's go out tonight or something.
 A Oh, OK. What would you like to do?
 B Well, I'd like to go to the gym.
 A OK. But let's leave around 9:00.
 B Sure. Then we can go get something to eat.



2 Do you have a balanced diet?

A How many words do you know for these categories of food? Complete the chart.

meat	seafood	vegetables	fruit	dairy	snacks
chicken				milk	

B Pair work Talk about the kinds of food you ate last week. Ask and answer questions with *How much*, *How many*, *some*, or *any*.

"How much meat did you eat last week?" "Not much. I ate some chicken. Did you eat any meat?"

3 Ask a question in two ways; answer and ask a similar question.

A Think of a *yes-no* question to add to each question below. End the question with *or . . .*

1. What did you do last summer? I mean, did you go away or . . . ?
2. What would you like to do this summer? I mean, **would you like to go abroad or . . .** ?
3. What did you do last Eid? I mean, **did you spend time with your family or . . .** ?
4. How many times a week do you exercise? I mean, **do you go to the gym a lot or . . .** ?

B Pair work Ask and answer the questions. After you answer a question, ask a similar one.

A What did you do last summer? I mean, did you go away or . . . ?

B No, I didn't. I didn't take any vacation. Did you do anything special?

Touchstone checkpoint Units 10–12

4 What's the right expression?

Complete the conversation with these expressions. (Use *anyway* twice.)

Then practice with a partner.

or something	good luck	anyway	Good for you	You did
✓or anything	thank goodness	I know	Congratulations	That's terrible

Kylie How was your weekend? Did you go away or anything ?

Julia No, but I went to a tennis club.

Kylie **You did** ? So, how was it?

Julia Great! I played in a competition and won fifty dollars.

Kylie **Congratulations** ! I didn't know you played tennis.

Julia Well, I practiced every day for a month.

Kylie **Good for you** !

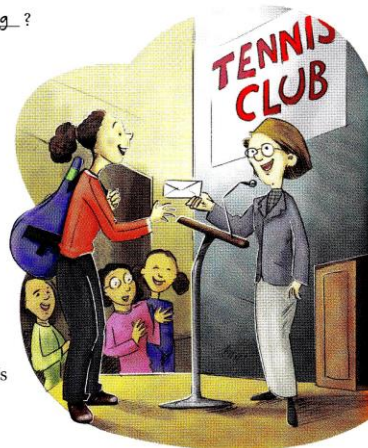
Julia And **thanks goodness** practiced! Ten of my friends were there. So, **anyway** , did you do anything special?

Kylie Not really. I had to study for an exam on Saturday and Sunday.

Julia **That's terrible!** ! You need to go out more.

Kylie Yeah. **I know** . . . Well, **anyway** , I have to go. I want to study my notes. But after the exam, let's meet for coffee **or something** .

Julia OK. So, **good luck** with your exam.



5 Show some interest!

A Complete each sentence with a simple past verb. Then add time expressions to five sentences to make them true for you.

1. I **went** on a nice trip.
2. I **wore** some new clothes.
3. I **met** someone famous.
4. I **made** an international phone call.
5. I **went** to a great class party.
6. I **made** Italian food.
7. I **swam** in the ocean.
8. I **spoke** English with a tourist.
9. I **spent** some money.
10. I **got** lost in the city.

I went on a nice trip last month.

B Pair work Take turns telling a partner your sentences. Respond with *You did?* and ask questions.

- A* I went on a nice trip last month.
B You did? Where did you go? . . .

Self-check

How sure are you about these areas?
 Circle the percentages.

- grammar**
 20% 40% 60% 80% 100%
- vocabulary**
 20% 40% 60% 80% 100%
- conversation strategies**
 20% 40% 60% 80% 100%
-

Study plan

What do you want to review?
 Circle the lessons.

- grammar**
 10A 10B 11A 11B 12A 12B
- vocabulary**
 10A 10B 11A 11B 12A 12B
- conversation strategies**
 10C 11C 12C

Unit 12 Progress chart

Mark the boxes below to rate your progress.

= I know how to . . . = I need to review how to . . .

To review, go back to these pages in the Student's Book.

Grammar	<input type="checkbox"/> use countable and uncountable nouns	118 and 119
	<input type="checkbox"/> make statements and questions with <i>much, many, and a lot of</i>	118 and 119
	<input type="checkbox"/> make statements and questions with <i>some, any, and not any</i>	120 and 121
	<input type="checkbox"/> make offers and requests with <i>would like</i>	121
Vocabulary	<input type="checkbox"/> name at least 5 categories of food	118 and 119
	<input type="checkbox"/> name at least 25 different foods	118, 119, and 120
Conversation strategies	<input type="checkbox"/> use <i>or something</i> and <i>or anything</i>	122
	<input type="checkbox"/> use <i>or . . . ?</i> in <i>yes-no</i> questions to make them less direct	123
Writing	<input type="checkbox"/> use expressions to talk about restaurants	124 and 125

